

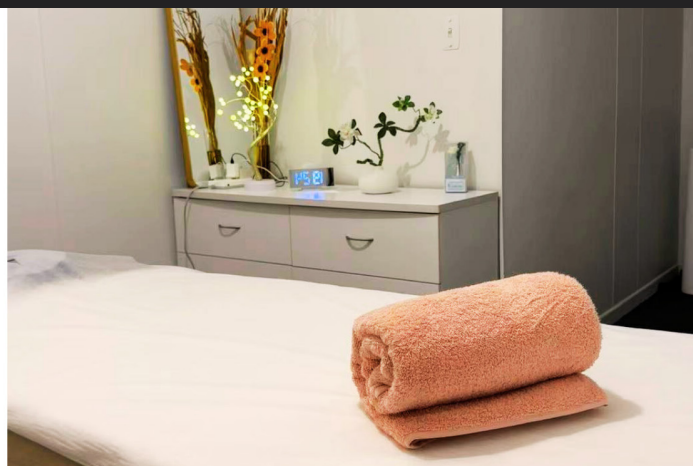
ISSUE 223

Pop into

APRIL & MAY 2025

PANMURE

A SPECIAL DOUBLE ISSUE!!

www.popintopanmure.co.nz
[f PopintoPanmure](https://www.facebook.com/PopintoPanmure)
[@exploringpanmure](https://www.instagram.com/exploringpanmure)
[☎ 09 527 6389](tel:095276389)

YI PIN PAVILION FOOT MASSAGE 09 949 1189 186 QUEENS ROAD MONDAY-SUNDAY 9:30AM-8PM

Welcome Yi Pin Pavilion to Panmure

A warm welcome to Yi Pin Pavilion Foot Massage, which quietly settled into Panmure just three months ago. Run by Sophia, this peaceful little haven offers something truly special – traditional Chinese wellness right here in our own backyard.

Sophia is a passionate practitioner of Chinese medicine, having studied massage and traditional therapies back home. After searching far and wide for the right spot to begin her first New Zealand business, she found her way to Panmure. Sophia said she

was drawn in by our friendly community, great public transport links, hoping the buzz of local foot traffic would lead people to her door.

One of Sophia's special services is foot cupping. Some may have heard of this practice when it made waves in wellness circles online. It's an age-old Chinese practice designed to boost circulation, ease pain, detoxify, and rebalance energy by stimulating pressure points on the feet. For many Kiwis, it's something new – and Sophia is excited to share this deeply

rooted tradition with anyone curious to try.

If you've been looking for a unique way to unwind, now might be the perfect time. Yi Pin Pavilion is offering a full body and foot massage package – usually \$159, now \$129 – with a bonus Gua Sha and cupping session included.

So why not treat yourself to a little traditional TLC and see if it might be something for you?



yipinmassage.co.nz
YiPin Pavilion

Thanks for Joining Our Mighty Easter Challenge!

A big thank you to everyone who took part in our Mighty Easter Challenge! Over two weeks, our local businesses handed out little Easter eggs with collectible tokens inside. These tokens could be traded for chocolate treats and vouchers to use around town, and even some goodies to win from the grand prize draw –and it was great to see so many of you joining in the fun!

This challenge was a way for our businesses to give back and say thank you. Panmure isn't full of big chains—we're a town of small, local, hardworking businesses that thrive because of your support. Your loyalty keeps our town ticking, and we're so grateful.

A special shoutout to the businesses that made it happen:

- London Dairy
- Bakers Express

- Panmure Superette
- DH Supermarket
- Supavalue Supermarket
- Queens Road Superette
- Golden Steak Bakery
- Hesari Bakery
- Sylvia's Bakery
- Panmure Bakehouse



We hope to bring the challenge back next Easter—so keep an eye out, and thanks again for keeping the community spirit alive!

SECURITY UPDATE



Thank you to all the businesses who attended our recent information session with our local Community Constable, Matt. It was great to see our community come together with a shared focus on keeping Panmure safe. The key takeaway from the session was simple but powerful: reporting matters. Whether big or small, every report helps police understand what's happening in town and where to direct resources. Here's a quick refresher on how to report:

- 111 – For emergencies or crimes happening right now.
- 105 – For non-urgent incidents (e.g. thefts, damage). You can also report online at [105.police.govt.nz](https://www.police.govt.nz).
- *555 – For non-urgent traffic issues, like speeding or drivers not keeping to road rules. This is something everyone in Panmure can do—residents, business owners, and visitors alike. By working together and reporting what we see, we help keep our town safe and thriving.

Published by





Celebrating Our Mums – Mother's Day Giveaway

The giveaway was run online, and we were blown away by the heartfelt nominations that poured in—each one a beautiful reminder of how much our mums do to keep our town going.

Five lucky mums were drawn and gifted a pamper basket to enjoy a bit of well-deserved self-care.

A big thank you to the following businesses for helping us create thoughtful and luxurious baskets:

- Unichem Panmure Pharmacy
- Salt City
- HaiPai Health Store
- Fulsun

And to all the mums who were nominated—your community sees you, values you, and appreciates everything you do. Happy Mother's Day from all of us in Panmure!



This Mother's Day, the Panmure Business Association handed out 10 spot prizes, and put together five special pamper baskets, filled with treats and vouchers to spend in town. It was our way of giving a little something back to the incredible, resilient mums in our community.

SPOTLIGHT ON PANMURE

Out of Junk Exhibit Returns!

STUDIO GALLERY

8 CLIFTON COURT

021 280 2136

<https://studiogallery.co.nz/>

It's back! The much-loved Out of Junk exhibition has returned to Panmure's very own Studio Gallery, and it's ready to spark imaginations all over again.

This unique, family-friendly exhibit showcases life-sized sci-fi and steampunk-inspired inventions – all hand-crafted by artist Sean Boyd from everyday items that have been recycled and transformed into art. Spot the robots with whisk arms, ray guns made from old irons, and gadgets that look like they've jumped right off a movie set!

Kids absolutely loved this exhibit last

time, and it's easy to see why. It's interactive, imaginative, and full of fun surprises. Every piece tells a story, and half the fun is spotting which ordinary household items have been cleverly turned into extraordinary creations. Whether you're a kid, a curious teen, or a grown-up with a love for creativity, there's something here to wow you.

Perfect for a weekend outing, the exhibit is open Saturdays and Sundays from 10am to 5pm, and it's completely free! Pop in after a visit to the library or make it a fun stop after lunch in town.

Want to visit outside weekend hours? No problem – just give Alan a call on 021 280 2136 to book a time that works for you.



From Panmure to the World: NZ Cheap Cars Goes Viral



Since opening a branch in Panmure last year, NZ Cheap Cars has quickly made their mark – not just in our community, but far beyond. Known for their unbeatable deals on affordable cars, they’ve also become a bit of an internet sensation thanks to their creative, feel-good marketing.

With dance moves that make you smile

and videos that light up TikTok and Instagram – just a whole lot of energy and a good sense of humour.

Their fun-loving approach to marketing has caught the attention of people all across Auckland and even further afield, prompting Stuff to write an article uncovering the secrets behind their success.

We’re proud to have them right here in Panmure, bringing not only great cars, but a bit of joy and community spirit with every post.

Want to see what the buzz is about? Check them out on TikTok or Instagram – just search NZ Cheap Cars and prepare to smile.

High-End Indian Flavour in Panmure

TANDOOR GRILL
168 Queens Road
09 949 0585
7 days 11am - 10pm
www.tandoorgrill.co.nz

Tandoor Grill is the new Indian restaurant in town, run by Vikas Singh Bhandari, a passionate chef with over 15 years of hands-on kitchen experience – now brining his skills to Panmure.

Vikas got his start in his father’s restaurant, doing dishes and setting tables, gradually working his way up. From slicing onions with speed and precision to cooking in one of Auckland’s busiest kitchens – Oh Calcutta – he’s developed a style rooted in quality, efficiency, and authentic flavour. His experience reflects the high standards of top-tier Indian cuisine, now available right here in our neighbourhood.

With Tandoor Grill, Vikas has created a menu that combines the classics – butter

chicken, korma, naan – with a few unique dishes for those wanting to try something new. Portions are generous, pricing is fair, and there’s even a party pack for big appetites.

Vikas already has ties to Panmure through his time managing the Panmure Squash Club. He’s familiar with the local crowd and our love for good, hearty meals. Since taking over the space, he’s added new tiling, cosy seating, and a welcoming atmosphere to relax and enjoy your food.

Passionate about connecting with the community through food, Vikas greets every customer, remembers faces, and shares stories – like the couple who returned twice in one week. There’s a deeply human element to sharing a meal – you can experience a whole culture, and that’s what Tandoor Grill offers.

Visit them at the end of the main street, or order on Uber Eats or DoorDash. Quality, heart, and high-end skill – all at our town’s doorstep.



Keep an Eye Out for These Markets in Panmure

Panmure has two cool markets popping up around town over the next few months, and they're a wonderful way to connect with our community, support local talent, and enjoy a fun day out.



RSA Markets – Saturday Morning Fun

The Mt Wellington/Panmure RSA Markets have become a regular highlight in recent months. Held at the RSA (either outside or indoors depending on the weather), these markets have been a cool highlight in town every month.

You'll find unique crafts, affordable goods, delicious food, and friendly faces. Whether you're browsing for a bargain or just enjoying the atmosphere, it's always a good time.



If you're interested in having your own stall, get in touch with the RSA – they'd love to hear from you.

Don't miss the next market this weekend: Saturday 24th May, 8am–2pm.

Just remember to bring some cash and your best market-day smile!



Art Market at 11 Queens Road – A Celebration of Creativity

Over the past few months, Panmure has also been home to some vibrant art market activations at 11 Queens Road. These all-ages events have included a mix of art stalls, live music, live painting, and fun activities for the kids – all for free!

Organised by Street Artearua in partnership with Eke Panuku, TGTB Charitable Trust, and the Tāmaki Regeneration Company,

this initiative celebrates the creativity in our local streets and shines a spotlight on Aotearoa's ever-growing street art scene.

If you missed the first two art markets – don't worry! The final one is coming up on Saturday 7th June from 10am–2pm, and it's shaping up to be the best one yet.

So, bring the kids, bring the whānau, and enjoy a fun, interactive day celebrating the art and energy of our community.

A Day to Remember, and a Call to Keep the Spirit Alive

On April 25th, the Mt Wellington/ Panmure RSA hosted a heartfelt and moving ANZAC Day ceremony that brought the community together in remembrance and reflection.

The morning began with a parade, starting from the carpark by the Corner Bar and making its way down Queen Street to the Panmure Community Hall. Leading the procession was the talented Ikuna Youth Band, followed by veterans and members of various community groups.

Inside the hall, the ANZAC service honoured the sacrifices of those who served, with local leaders—Local Board Chair Maria Meredith and Councillor

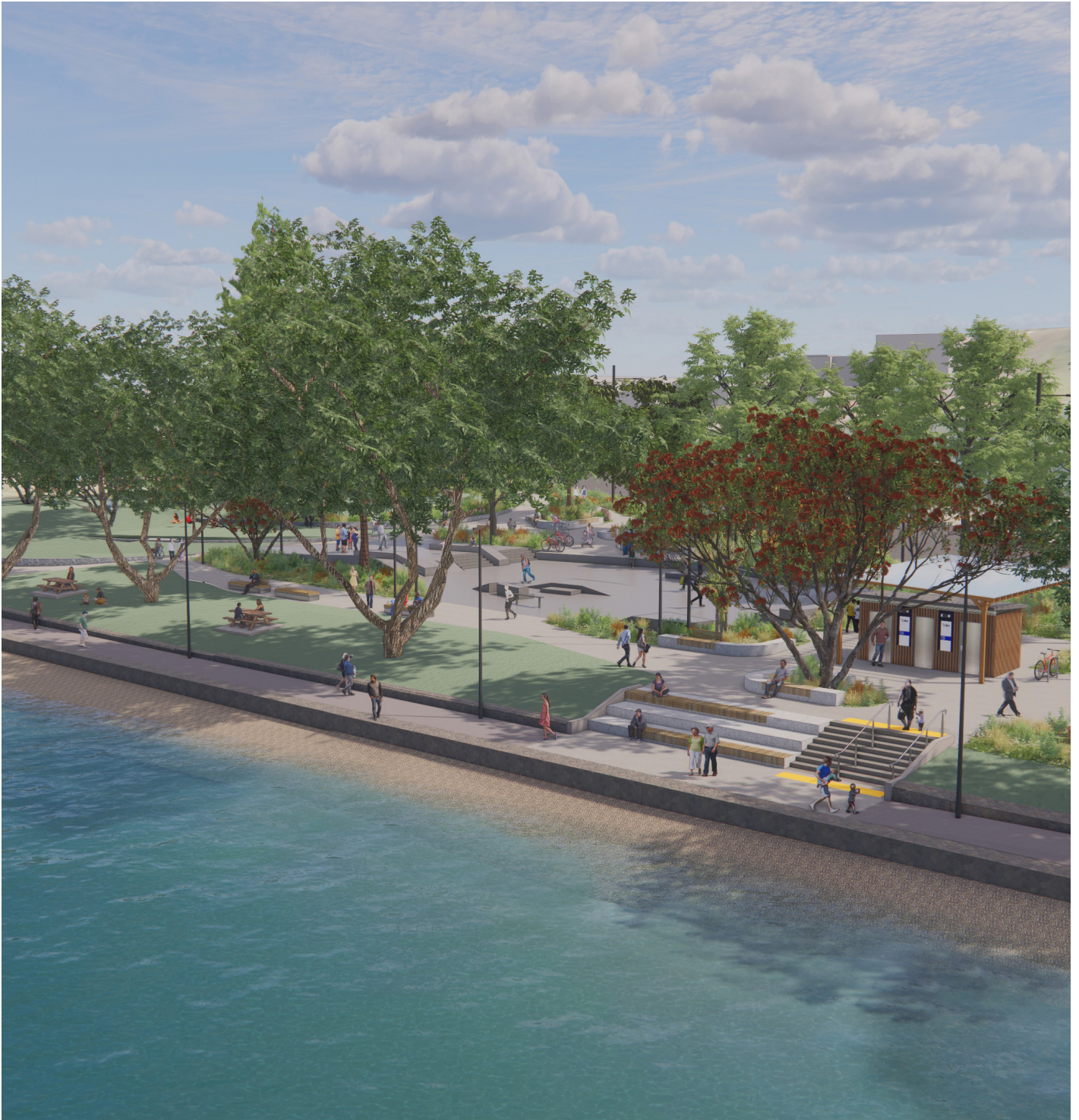
Josephine Bartley—sharing touching words about the significance of ANZAC Day in New Zealand's history. RSA President Leon also spoke, not only reflecting on the importance of the day but also speaking openly about the role of the RSA in our community.

He delivered a powerful and heartfelt message about the challenges RSAs across Auckland are facing. Many are closing their doors as community engagement fades. His words were a gentle but sobering reminder that this year's ANZAC parade in Panmure could potentially be the last, unless we—as a town—make a conscious effort to support and connect with the RSA.

President Leon reminded us that the RSA is not just a place for veterans, but for everyone. It's a place to gather, to share stories, to feel connected. And while it honours the past, it also offers a space for the present and future—through weekly events like karaoke, quiz nights, raffles, live music, and just good old-fashioned conversation over a drink or a game of pool.

If we want to keep the spirit of ANZAC alive—not just once a year, but every day—we need to remember that the RSA belongs to all of us. Following the Mt Wellington/ Panmure RSA on Facebook, popping in for an event, or simply stopping by for a yarn could help keep this important piece of our community going strong.





Lagoon Edge Reserve Set for Upgrade

An upgrade is coming to Lagoon Edge Reserve in Panmure. Eke Panuku, alongside Auckland Council, the Maungakiekie-Tāmaki Local Board and Mana Whenua, is transforming the reserve into a welcoming space that celebrates the area's cultural and historical significance.

The upgrade includes new seating, public toilets, drinking fountains, better lighting, cycle parking, landscaping, and a spectator

area for the skatepark. The Lagoon Pool fence line will also be moved back to create more public space. Tree planting and ecological protections will be a key part of the project.

Construction starts mid-June and will take around nine months. Walking access around the Lagoon will remain open, though some detours may be needed. The skatepark will close temporarily, and the

public toilets will be shut for the duration of the works.

This is part of a broader plan to create a thriving Panmure town centre, with more community spaces, better transport connections, and new developments to come. Find out more about this project at the Eku Panuku website.

POP
into
Panmure

Tastes of PANMURE 2025

EAT LOCAL. WIN DAILY.

FOR A CHANCE TO WIN ONE OF
10 VOUCHERS WORTH \$200 EACH
TO SPEND IN OUR TOWN

- 1 Ask at the counter for your **Food Passport**
- 2 Get a stamp every time you eat at a participating local spot.
- 3 Collect 4 stamps, drop it into the entry box at any participating eatery and go in the draw. There's no limit – complete as many passports as you like!

EVERY BITE YOU TAKE HELPS SUPPORT HARD-
WORKING LOCAL BUSINESSES!
SCAN THE QR CODE FOR MORE INFORMATION!



*This promotion runs for June only